



Mayo Clinic Division of  
General Internal Medicine

# TRENDING TOPICS

## IN INTERNAL MEDICINE



**THE ST. REGIS ASPEN RESORT**  
ASPEN, COLORADO  
MAY 16–18, 2019

[GIMEDUCATION.MAYO.EDU/TRENDING2019](http://GIMEDUCATION.MAYO.EDU/TRENDING2019)

17.0  
*ABIM MOC  
POINTS*

17.0  
*AMA PRA  
CATEGORY 1  
CREDITS™*

## COURSE DESCRIPTION

Trending Topics in Internal Medicine is a postgraduate course designed to update internists, family practitioners, and other primary care providers on new or trending issues in medicine while battling misinformation in primary care. Common themes covered include updates on new medical guidelines, evidence surrounding complimentary and integrative medicine, data on current medical fads, battling misinformation in the era of social media, managing patients with pain during the opioid epidemic, and up-to-date reviews on healthcare policy. Presentations will be delivered by experts in their field.

## TARGET AUDIENCE

The target audience includes general internists, internal medicine subspecialists, family medicine physicians and other primary health care providers.

## LEARNING OBJECTIVES

- Summarize up-to-date and trending issues facing primary care physicians.
- Describe recent challenges and areas of misinformation facing primary care providers and medical specialists.
- Review updates in clinical practice guidelines in areas most relevant to primary care physicians.

## COURSE DIRECTORS

C. Scott Collins, M.D.

Chris R. Stephenson, M.D.



## ONLINE REGISTRATION

[GIMEDUCATION.MAYO.EDU/TRENDING2019](https://GIMEDUCATION.MAYO.EDU/TRENDING2019)

## REGISTRATION FEES

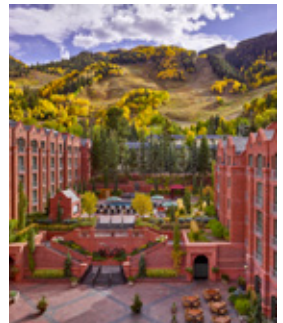
**\$825** Physicians/Scientists

**\$795** Residents, Physician Assistants and Nurse Practitioners

## LODGING & ACCOMMODATIONS

### The St. Regis Aspen Resort 970-920-3300

Reserve your room before 5:00 PM local time at Hotel on **April 22, 2019** in order to receive a discounted rate (limited number available). Please identify yourself as a participant of Mayo Clinic Trending Topics when making your reservation. See our website for deposit and cancellation policies of The St. Regis Aspen Resort.



## PROGRAM AT-A-GLANCE

A comprehensive program with times and faculty noted can be found on the course website ([gimeducation.mayo.edu/trending2019](http://gimeducation.mayo.edu/trending2019)).

### Topics include:

- Lyme Disease and Oddball Infections
- Fibromyalgia and Central Sensitization
- Pain Management in the Opioid Epidemic
- Healthcare Policy
- Musculoskeletal Regenerative Medicine
- Trends in Preventative Medicine and Screening
- New Guidelines: Hypertension and Hyperlipidemia
- Fake News and Medical Myths
- Trends in Weight Loss Medications and Interventions
- Wearable Devices and New Patient Tech in Healthcare
- Trends in Cost Conscious Care
- E-Cigarettes and Tobacco
- Trending Topics in Women's Health
- Trends in Hospital Medicine
- Trends in Marijuana
- Testosterone Trends in Men and Women
- 23 and You: Primer on Genetic Testing
- Pharmacogenomics and Your Practice: What Clinicians Need to Know
- Trends in Physician Burnout and Stress
- Caring for the Caregiver
- Herbal Supplements and Integrative Medicine in 2019
- Hypnosis

### CREDIT



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 17 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### ABIM MOC

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 17 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Participation information will be shared with ABIM through PARS.

### Other Healthcare Professionals

A certificate of attendance will be provided to other healthcare professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.



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