FIBROMYALGIA CLINICAL REVIEW

& strategies for managing your patients

SEPTEMBER 8–9, 2017
HYATT REGENCY, BLOOMINGTON-MINNEAPOLIS
BLOOMINGTON, MN

COURSE DIRECTORS: Arya Mohabbat, M.D. & Sanjeev Nanda, M.D.

GIMEDUCATION.MAYO.EDU/FIBROMYALGIA2017
COURSE DESCRIPTION
This meeting will present up-to-date information as well as contemporary approaches/strategies for the treatment of fibromyalgia. The program will cover the many facets of fibromyalgia, with expert faculty presenting evidence-based information and emerging practical clinical approaches.

LEARNING OBJECTIVES
Upon conclusion of this program, participants should be able to:
• Summarize recent updates, clinical studies, and guidelines that impact the understanding and treatment of fibromyalgia.
• Describe the indications and major adverse effects of the commonly used medications for fibromyalgia.
• Recognize common clinical pearls in fibromyalgia.
• Review both medication and non-medication treatment options for fibromyalgia.
• Summarize the underlying process of central sensitization.

INTENDED AUDIENCE
This course is designed for physicians, nurse practitioner, physician assistants, and other allied health providers who work in the fields of internal medicine, family medicine, physical medicine & rehabilitation or psychiatry/psychology who provide care for patients with fibromyalgia.

LODGING ACCOMMODATIONS
Guest rooms have been reserved for attendees and their guests with special course rates at the Hyatt Regency, Bloomington-Minneapolis. In order to receive the special rate, reservations must be made before the room block is filled or before the expiration date of August 17, 2017, whichever comes first. Reservations will be taken following this date based on space and rate availability.

Hyatt Regency, Bloomington-Minneapolis
$129 single/double
Phone: 952-922-1234
Online reservations: https://aws.passkey.com/event/49047734/owner/14538675/home

Please identify yourself as a participant of Mayo Clinic when making your reservation.

REGISTRATION FEES
$350 Physicians/Scientists
$325 Residents/Physician Assistants, Nurse Practitioners, Allied Health

Registration fee includes tuition, electronic course syllabus, continental breakfasts, break refreshments, and lunch.
PROGRAM AT-A-GLANCE
For full program details, visit: gimeducation.mayo.edu/fibromyalgia2017

FRIDAY, SEPTEMBER 8, 2017
8:00 am  Overview & Clinical Review of Fibromyalgia
9:15 am  Management of Fibromyalgia
          Rotating 45 min Concurrent Group Discussions
          • Diagnostic Criteria
          • Medication Management
          • Psychiatry/CBT
12:10 pm Lunch with the Experts
1:15 pm  Management of Fibromyalgia
          Rotating 45 min Concurrent Group Discussions
          • Pain Rehabilitation
          • Exercise, Sleep Hygiene, & Wellness
          • Integrative Medicine & Health

SATURDAY, SEPTEMBER 9, 2017
7:30 am  Breakfast with the Experts
8:00 am  Management of Fibromyalgia
          Rotating 45 min Concurrent Group Discussions
          • Occupational Therapy
          • Physical Therapy
          • Biofeedback
10:30 am Relaxation & Mindfulness
11:30 am Advanced Management Strategies/Panel Discussion
12:15 pm Audience Response & Summary

WEBSITE: GIMEDUCATION.MAYO.EDU  E-MAIL: RSTGIMCME@MAYO.EDU  PHONE: 507-284-8781

ACCREDITATION
Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Mayo Clinic College of Medicine designates this live activity for a maximum of 11.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Health Care Professionals – A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

ABIM MOC – Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 11.5 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Participation information will be shared with ABIM through PARS.